

# December 2018

Student Lunch: \$3.00 Reduced Lunch: \$0.40 Adult Lunch: \$3.50






## Hope Township Lunch

**MONDAY**      **TUESDAY**      **WEDNESDAY**      **THURSDAY**      **FRIDAY**

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|---|--|---|---|--|
| <b>3</b>  | <b>4</b>   | <b>5</b>  | <b>6</b>  | <b>7</b>   |
| <ul style="list-style-type: none"> <li>• Chicken Nuggets</li> <li>• Dinner Roll</li> <li>• Mashed Potatoes</li> <li>• Green Beans</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul> | <ul style="list-style-type: none"> <li>• Pancakes</li> <li>• Breakfast Sausages</li> <li>• Hash Brown Rounds</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul> | <ul style="list-style-type: none"> <li>• Mac &amp; Cheese</li> <li>• Soft Pretzel Stick</li> <li>• Roasted Vegetables</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul> | <ul style="list-style-type: none"> <li>• California Burger on a Bun</li> <li>• Crinkle Cut French Fries</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul> | <ul style="list-style-type: none"> <li>• Hope Pizza</li> <li>• Freshly Prepared Caesar Salad</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul> |

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|---|---|--|---|---|
| <b>10</b>   | <b>11</b>   | <b>12</b>  | <b>13</b>   | <b>14</b>   |
| <p>LUCKY TRAY DAY</p> <ul style="list-style-type: none"> <li>• Chicken Fries</li> <li>• Dinner Roll</li> <li>• Tater Tots</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul> | <ul style="list-style-type: none"> <li>• Breakfast for Lunch</li> <li>• French Toast Sticks</li> <li>• Breakfast Sausage</li> <li>• Sweet Potato Matchstick Fries</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul> | <ul style="list-style-type: none"> <li>• Philly Cheese Steak</li> <li>• Country Slaw</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul> | <ul style="list-style-type: none"> <li>• Grilled Cheese Sandwich</li> <li>• Green Beans</li> <li>• Cucumber Coins</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul> | <ul style="list-style-type: none"> <li>• Hope Pizza</li> <li>• Freshly Prepared Italian House Salad</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul> |

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| <b>17</b>  | <b>18</b>   | <b>19</b>   | <b>20</b>   | <b>21</b>   |
| <ul style="list-style-type: none"> <li>• Twisted Cheesy Breadsticks with Marinara Sauce</li> <li>• Freshly Prepared Garden Salad</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul> | <ul style="list-style-type: none"> <li>• Hamburger on a Bun</li> <li>• Crinkle Cut French Fries</li> <li>• Maschio's Lemon/Cherry Frozen Sorbet</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul> | <ul style="list-style-type: none"> <li>• Twin Tacos with Shredded Cheddar Cheese Lettuce &amp; Tomatoes Salsa</li> <li>• Steamed Rice</li> <li>• Steamed Corn</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul> | <ul style="list-style-type: none"> <li>• Hope Pizza</li> <li>• Fresh Garden Salad</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul> | <div style="border: 1px solid black; padding: 5px; background-color: #f0f0f0;"> <p><b>HALF DAY</b><br/>NO LUNCH SERVED</p> </div> |

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| <b>24</b>   | <b>25</b>   | <b>26</b>   | <b>27</b>  | <b>28</b>   |
|  <p>Have a Great Winter Break</p> <p>Holiday Break - No School</p> |  <p>Have a Great Winter Break</p> <p>Holiday Break - No School</p> |  <p>Have a Great Winter Break</p> <p>Holiday Break - No School</p> |  <p>Have a Great Winter Break</p> <p>Holiday Break - No School</p> |  <p>Have a Great Winter Break</p> <p>Holiday Break - No School</p> |

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| <b>31</b>  |
|  <p>Happy New Year</p> <p>New Years Eve - No School</p> |

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**Maschio's Daily Swap Puts:** Chicken Nuggets w/ Roll , PBJ Jamwich Meal w/ Pretzels, Bagel Meal , Muffin Meal

**All Meals Served** All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice.

**Nutrition Info K-8** Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

**Menus are Subject to Change** The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit [www.maschiofood.com](http://www.maschiofood.com) for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

**EOE Statement** Maschio's Food Services, Inc. is an Equal Opportunity Employer.

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